

- Suicide Prevention and Assessment
- Safer Medication Prescribing
- Fall Prevention and Restraints
- Pressure Ulcers
- Elder Abuse
- Neuroimaging
- Share the Care™
- Compassion Fatigue
- MRSA, C. Diff, VRE
- Emergency Preparedness
- Plans of Treatment for CPR

Geriatric Medicine Refresher Day

Elder Safety: A Practical Approach

London Convention Centre, London, Ontario

7:30am–8:20am Registration, Displays and Refreshments

8:20am–8:30am WELCOMING REMARKS

Laura Diachun, Conference Chair, MD, Division of Geriatric Medicine, St. Joseph's Health Care, London (SJHC)

8:30am–9:20am PLENARY SESSION

Shattered Years by Theatre Provocatur

Learning Objectives:

- Break the silence around elder abuse through the use of drama
- Empower participants to recognize their role in abusive situations

9:20am–9:50am Refreshments, Displays and Networking

9:50am–11:00am MORNING CONCURRENT WORKSHOPS

1. SHARE THE CARE™

Eugene Dufour, SHARE THE CARE™ Coordinator, South West Ontario

Learning Objectives:

- Learn how to create effective care groups for individuals facing life-threatening illness using the SHARE THE CARE™ model
- Learn about the SHARE THE CARE™ campaign in the South West LHIN

2. A Process for Developing Plans of Treatment for CPR

Liz Laird, Consultant, Southwestern Ontario Palliative Pain and Symptom Management Consultation Program

Grace Forget, Nurse Practitioner, Woodingford Lodge

Learning Objectives:

- Present an algorithm, based on Ontario law and professional standards, that guides health care providers through the process of establishing plans of treatment for CPR
- Describe the experience of one organization adopting the process

3. C. Difficile, VRE, MRSA—State of the Nation

Bryna Warshawsky, Associate Medical Officer of Health, Middlesex-London Health Unit

Learning Objectives:

- Understand the clinical and epidemiologic characteristics of C. Difficile, MRSA and VRE
- Explore management and infection control precautions for the patient with C. Difficile MRSA and VRE

4. Strategies for Safer Medication Prescribing

Luis Viana, Clinical Consultant Pharmacist, Medical Pharmacies Group, Inc.

Learning Objectives:

- Learn how to use the Beer's Criteria as a tool to optimize medication therapy in the elderly and minimize adverse effects
- Identify medications with anticholinergic side effects and employ strategies to manage anticholinergic burden

5. Pressure Ulcers: Prevalence and Best Practices

Karen Campbell, Advanced Practice Nurse, SJHC

Learning Objectives:

- Discuss the prevalence of pressure ulcers
- Explore risk factors, management, and prevention strategies through the use of Canadian Wound Care Clinical Practice Guidelines and case studies

6. Neuroimaging for Dummies

David F. Tang-Wai, MDCM, University Health Network

Learning Objectives:

- Identify features on CT or MRI of the brain as they pertain to dementia and identify key neuroanatomical structures
- Describe the key neuroimaging features of various dementias

11:10am–12:20pm MORNING CONCURRENT WORKSHOPS

7. Compassion Fatigue in Long Term Care—The Cost of Caring

Eugene Dufour, SHARE THE CARE™ Coordinator, SW Ontario

Learning Objectives:

- Discuss the key concepts of compassion fatigue and how it applies to people working in long term care
- Provide a toolkit to assess and reduce the effects of compassion fatigue

8. Elder Abuse: Break the Silence

Patrick Fleming, Social Worker, London Health Sciences Centre

Learning Objectives:

- Increase awareness, understanding and recognition of elder abuse
- Learn how to respond to elder abuse and identify available community resources

9. Fall Prevention and Restraints

Tareef Al-Aama, MD, SJHC

Learning Objectives:

- Describe the implications of falling, the risk factors for falls and the efficacy of falls prevention
- Explore indications, risks and benefits of restraints

10. Suicide Assessment and Prevention of Older Adults

Kristine Towers, Social Worker, SJHC

Ann Jarvie, Clinical Nurse Specialist, SJHC

Learning Objectives:

- Explore suicide assessment and prevention using the 2008 toolkit developed by the Canadian Coalition for Seniors' Mental Health
- Discuss risks, resiliency factors and warning signs of suicide in older adults through case studies

11. Atypical Presentations of Alzheimer's Disease

Davis S. Tang Wai, MDCM, University Health Network

Learning Objectives:

- Describe typical presentation and progression of Alzheimer's
- Discuss how Alzheimer's Disease can present with symptoms other than memory loss and can mimic other dementia syndromes

12. Triple Jeopardy: Frailty, Dementia, and Disasters. What Do Health Care Providers Need to Know?

Maggie Gibson, Psychologist, SJHC

Kate Gibb, Emergency Management Consultant, SJHC

Learning Objectives:

- Identify the disproportionate vulnerability of older adults, especially those who are frail and/or have dementia, in emergencies and disasters
- Discuss how health care providers can help to increase disaster resilience for all older adults

12:20pm–1:30pm Lunch, Displays and Networking

1:30pm–2:20pm PLENARY SESSION

Year in Review: Ten Important Developments in Geriatric Care

Sherri-Lynn Kane, MD, SJHC

Learning Objectives:

- Discuss emerging literature and its applications to clinical geriatric care

2:20pm – 2:30pm Afternoon Break

2:35pm–3:45pm AFTERNOON CONCURRENT WORKSHOPS

13. Patient Safety: From Data to Client Centred Care Planning

Tom Ross, Psychometrist, Regional Mental Health Care, London

Ed Black, Psychologist, Regional Mental Health Care, London

Learning Objectives:

- Review salient patient safety data tools and their application to a geriatric mental health inpatient unit
- Utilize a case review to apply safety strategies and enhance care planning for older adults with severe dementia and behavioral disturbance

14. C. Difficile, VRE, MRSA (repeat of #3)

15. Pressure Ulcers: Prevalence and Best Practices (repeat of #5)

16. Strategies for Safer Medication Prescribing (repeat of #4)

17. Elder Abuse: Break the Silence (repeat #8)

Who Should Attend

Given the interdisciplinary nature of geriatric care and the feedback from the 2009 conference evaluation, topics have been selected to appeal to a wide range of care providers including physicians, nurses, therapists, pharmacists, nutritionists, psychologists, social workers, researchers, educators, and discharge planners, as well as people serving primarily in administrative positions.

About the Conference

We are proud to present and celebrate our 24th annual conference in Geriatric Medicine that provides professionals with another opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care to the elderly. The plenary sessions encourage interdisciplinary investigation of subjects common to all, while concurrent sessions provide medical updates and investigation of other topics in geriatric care. All sessions include time for questions from participants and many speakers are available for informal discussions throughout the day. Please visit our exhibits and book sale. *We look forward to seeing you!*

Sponsors

Division of Geriatric Medicine, St. Joseph’s Health Care, London; The University of Western Ontario, Schulich School of Medicine and Dentistry; London, Ontario, The Ontario Ministry of Health and Long Term Care; Southwestern Ontario Regional Geriatric Program.

Industry Sponsors

This program has been made possible through educational grants from Janssen-Ortho Inc., Pfizer Canada Inc. and Novartis Pharmaceuticals Canada Inc.

Study Credits

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 5.5 MAINPRO-MI credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved by Continuing Medical Education

Early Bird Fee

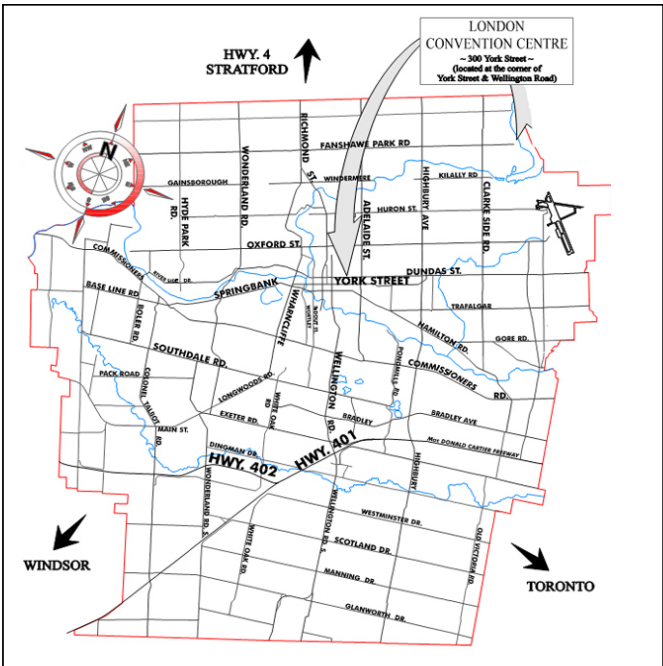
The “Early Bird” fee of \$135 is honoured up until April 5, 2010. Your registration must be postmarked no later than April 5, 2010 (mail, fax, e-mail). Please complete the registration form included with the flyer and send it along with your payment.

Fees

After the early bird date the fee is \$150 per person (\$60 per student/volunteer) which includes parking, lunch, refreshments and conference package. The fee must accompany the registration and is nonrefundable after **April 28, 2010**. Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing prior to April 28, 2010 will result in a refund minus \$40. Registrations received after April 28th will be considered only if space permits.

Receipt

Your receipt is valuable. It is an official receipt and proof of registration. In case of refund, the original receipt must be returned to the Division of Geriatric Medicine, St. Joseph’s Health Care London. A \$5 fee is charged for a replacement receipt.



Complete registration form and mail or fax to:
Monica Dease, Parkwood Hospital
801 Commissioners Road East
London, ON N6C 5J1
Phone: (519) 685-4292, Extension 42068
Fax: (519) 685-4016
Email: monica.dease@sjhc.london.on.ca

LONDON CONVENTION CENTRE

300 York Street, London ON, Canada N6B 1P8
Tel: 519-661-6200
Toll Free: 1-800-203-1992
<http://www.londoncc.com>

Directions:

The best route is **Wellington Road North** off **HWY 401**. Remain on Wellington Road to downtown London. You will pass under the railway tracks just before **York Street**. Turn **right (east)** off of Wellington on to **York Street**, the London Convention Centre is located on the **north side of York Street**. The entrance to the underground parking is located on the east side of the London Convention Centre.

Parking:

A limited amount of **FREE** Parking will be provided for conference registrants at the Convention Centre underground parking facility and the Impark parking lot located across the street from the Convention Centre. **YOU MUST PRESENT A PARKING VOUCHER THAT WILL BE INCLUDED WITH YOUR CONFERENCE RECEIPT TO PARKING ATTENDANT.**

ACCOMMODATIONS

Delta London Armouries, 325 Dundas Street London, Ontario
Tel: 679 -6111, Toll Free: 1-877-814-7706

Hilton London, 300 King Street, London, Canada N6B1S2
Tel: 439-1661, Toll Free: 1-800-445-8667

